



# WED DOSSIER BEAUTY

BY DANA HAZELS SEITH



**VOW TO WOW:** Whether it's eyelash extensions, cellulite boot camp or couple's training, Atlanta brides are kick-starting their regimens with ravishing results.



## FIT TO BE WED

*Avoid last-minute beauty blunders with ATL's top crop of artful aesthetes*

When it comes to your wedding day, you want your once-in-a-lifetime fabulous look to rival that of a Hollywood starlet. Whether you're contemplating a game-changing look or sticking with a glammed-up version of old-faithful, we've scoured the city for services that will leave you looking paparazzi-worthy and help you achieve that illustrious bridal glow—from head to toe.

### LOVE THY SKIN

**New Moon Skincare** (404.375.5475, [newmoonskincare.com](http://newmoonskincare.com)) offers an Unveiled package that looks beyond your face, with microdermabrasion treatments for the back, chest and shoulders that promise to make your entire body wedding dress-ready. Owner and licensed esthetician Amy Leavell Bransford likens the service, which involves a non-invasive exfoliation that stimulates the regeneration of skin cells, to "working out" your skin. Brides looking to get bikini-ready can kick cellulite in the butt with Cellulite Boot Camp at **Blue Med Spa**, (404.815.8880, [bluemedspa.com](http://bluemedspa.com)) a combination in-spa and at-home program that restores your skin's natural balance and relieves fluid retention, providing a tighter appearance. Facial-obsessed brides look no further than a rejuvenating four-layer facial at **Steve Hightower** (404.264.9006, [stevehightower.com](http://stevehightower.com)), which uses thermal treatments and seaweed. Hightower says, "it's the only facial that can be done the day of the wedding—there is no breaking out and makeup can be applied right after."

### TOTAL PACKAGE

Short on time? Let **Café Physique** (404.444.2857, [cafephysique.com](http://cafephysique.com)), which offers both in-home and in-studio sessions and nutrition consulting, come to you. Owner Amber O'Neal recommends the couple's training sessions, which gives the bride and groom "the opportunity to spend time together and get in shape." **Totally Fit Bride** (678.770.9963, [totallyfitbride.com](http://totallyfitbride.com)) also offers bonding—boot camp-style. Gather your maids for a series of workouts sure to sweeten the much-dreaded bridesmaids' dress fitting. Just be sure to start at least eight weeks prior to the big day: Co-owner Jennifer Vogel tailors the workouts specifically to the gowns. For those who can skip the coddling, let a former NFL player shape you up. The Fast Twitch group class at **The Forum Athletic Club** (678.904.2740) achieves optimum results in a short time frame through cardio, stretching and nutrition, which co-owner Roman Forti says allows "you to shape your body because we never do the same thing in the same order, which makes your body confused and it reacts."

### PRETTY AS A PICTURE

Get an ultimate camera-ready glow with semi-permanent eyelash extensions from **Entebello** (404.447.2933, [entebello.com](http://entebello.com)), which owner Rachele Janicki says not only look natural, but also allow you to skip applying mascara entirely. The must-visit for makeup: **The Moore Agency** (404.215.2570, [themooreagency.net](http://themooreagency.net)). Steve Moore has applied makeup to dozens of famous faces, and he'll customize yours (or your wedding party's) to match the overall feel of your special day. Danica Winters at **The Plum Salon** (770.863.0100) offers eco-chic brides a holistic alternative to beauty with her organic cut and color treatments. The space itself offers a calming, quiet environment, away from the hyperactivity surrounding a wedding. ■

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